

YOU ARE NOT ALONE

Your physical and mental well-being is our top priority. Seeking timely medical attention can be important. If you have questions or are trying to decide your next steps, there is always someone available to help confidentially.

- **Talk to someone confidentially—you are not alone**

On campus and confidential counseling and support:

- > Barnes Center at the Arch, 315.443.8000, 24/7
- > Hendricks Chapel Chaplains, 315.443.2901

Off campus and confidential support and advocacy:

- > Vera House, 315.468.3260, 24/7 with webchat available 8:30 a.m.-11 p.m. seven days a week at verahouse.org
- > Carebridge (resource for staff & faculty) 800.437.0911

- **Seek medical attention - also confidential resources**

- > Health Care at the Barnes Center at the Arch, 315.443.8000 - non-emergency medical attention
- > 911 - emergency medical attention

THERE IS SUPPORT AVAILABLE FOR YOU

The Title IX office, 315.443.4018, and other campus resources can connect you with free support and resources and take administrative actions while you decide if submitting a formal complaint with SU or police report is right for you to help you feel safe on campus, such as:

- Safety planning
- Modification to work or class schedules
- Work or housing relocations
- University Orders to restrict or minimize interactions between individuals. (No contact order, no trespass order)

LEARN ABOUT REPORTING OPTIONS AVAILABLE TO YOU

Reports from our community members help us build a safer community for all and help us take action to prevent the behavior from impacting others.

- **To file a complaint with Syracuse University**

- > Contact the Title IX Coordinator at 315.443.0211 or titleix@syr.edu

- **To file a report with law enforcement**

- > SU Department of Public Safety 315.443.2224 dps.syr.edu
- > Syracuse Police Abused Persons Unit 315.435.3016 syracusepolice.org
- > NY State Police Campus Sexual Assault Unit 1.844.845.7269 troopers.ny.gov/campus-sexual-assault-victims-unit

